THE STAPLES



The Continental

36

Alaia Breakfast 48

Fruit Plate or Granola Parfait or Oatmeal | Pastry Basket (3 Pieces) | Juice | Coffee or Tea Pastry Basket | One Choice of Juice | Coffee or Tea Two Eggs Your Way with Potato, Bacon and Sausage Or

One Sweet Dish

GOOD MORNING BELIZE

Baker's Basket

16

Fried Jack | Toast | Banana Bread | Muffin

Assorted Seasonal Fruit Plate GFIV

24

Assorted Sliced Fruits | Honey Yogurt

Granola Bowl GFIV

20

Homemade Granola | Plain Yogurt | Mix Nuts | Shaved Toasted Coconut | Fruit Coulis

EGGSPECTATIONS

Three Egg Omelet & Toast

32

Add 3 ingredients:

Cheese | Tomato | Mushroom | Bacon | Ham | Pork Sausage | Bell Pepper | Onion | Spinach

Eggs Your Way Two Eggs

28

Cooked Any Style

Poached | Fried | Scrambled | Hard Boiled White Bread Toast, Wheat Bread Toast or Fried Jack Included The Benedict

36

Poached Eggs | Ham | Cajun Hollandaise | English Muffin | Braised Spinach

Lobster Benedict

64

English Muffin | Hollandaise Sauce | Cajun seasoning | Refried beans

Lobster Tacos

64

Scrambled Eggs | Mushroom | Tomato | Onion | Cheddar | Spicy Maple Syrup

Egg White Frittata GF | V

32

Goat Cheese | Tomato | Onion | Spinach | Mushroom | Scallion | Asparagus

SWEET SUGAR RUSH

Pancakes ∨ 32

Myers Rum Infused Maple Syrup | Blue Agave & Pine
Nut Butter | Seasonal Fruit

Cinnamon French Toast V **32** Maple Syrup | Whipped Cream | Nutella | Banana | Candied Nuts

Oatmeal GFI V

20

Spiced Brown Sugar | Papaya | Chia Seed

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase you risk of foodborne illness.

SIGNATURES & FAVORITES

Not so typical "Burrito"

32

Pork Shoulder | Egg | Potato | Jalapeño | Pico De Gallo | Avocado | Cilantro | Cheese | Flour Tortilla

Huevos Rancheros GF

32

Corn Tortilla | Pepperjack | Carnitas Pork | Fried Egg | Ranchero Sauce | Black Bean

SIGNATURES & FAVORITES

Avocado Toast V

36

Beet Hummus | Kale | Radish | Poached Egg | Pumpkin Seed

Chef's "Hangover" Cure

32

Brioche Bun | Scrambled Egg | Cheese | Ham | Bacon | Avocado | Chipotle Aioli

Breakfast Taco

32

Scrambled Egg | Scallion | Garlic Prawn | Cheese Bacon "Pancake" | Spicy Maple Syrup

SIDES

Cajun Spiced Breakfast Potatoes

8

Pepper | Onion

Crispy Bacon

12

Pork Links Sausage

12